

HUMOR

The Quickest Connection

This exercise will help you determine your humor style.

Instructions: Check all the words in **each** quadrant that best describe how you initiate humor and laughter.

<input type="checkbox"/> Sarcastic <input type="checkbox"/> Cynical <input type="checkbox"/> Smirking <input type="checkbox"/> Insulting <input type="checkbox"/> Harsh <input type="checkbox"/> Hateful <input type="checkbox"/> Taunting <input type="checkbox"/> Teasing	CAUSTIC	<input type="checkbox"/> Physical <input type="checkbox"/> Outrageous <input type="checkbox"/> Dramatic <input type="checkbox"/> Bizarre <input type="checkbox"/> Shocking <input type="checkbox"/> Ridiculous <input type="checkbox"/> Blatant <input type="checkbox"/> Silly	CRAZY
<input type="checkbox"/> Satirical <input type="checkbox"/> Factual <input type="checkbox"/> Smart <input type="checkbox"/> Dry <input type="checkbox"/> Irreverent <input type="checkbox"/> Flippant <input type="checkbox"/> Kidding <input type="checkbox"/> Sneering	CEREBRAL	<input type="checkbox"/> Personal <input type="checkbox"/> Wholesome <input type="checkbox"/> Perceptive <input type="checkbox"/> Harmless <input type="checkbox"/> Resourceful <input type="checkbox"/> Optimistic <input type="checkbox"/> Responsible <input type="checkbox"/> Positive	CARING

Source: Cline, J., Open Heart Communications, <http://www.junecline.com/comedicstyle.htm>

SOME POINTS TO KEEP IN MIND:

- Be aware of your own humor style and be sensitive to its impact on others
- Whether or not something is “funny” is determined by the filter of the **listener**
- The safest approach is to avoid any humor that might be offensive to a Caring style

Open Heart 
COMMUNICATIONS®

480-518-0565

Fax 888-698-7816

E-Mail: June@JuneCline.com

Website: www.JuneCline.com

*See Website for online assessment &
Leading the Way to Laughter tips*